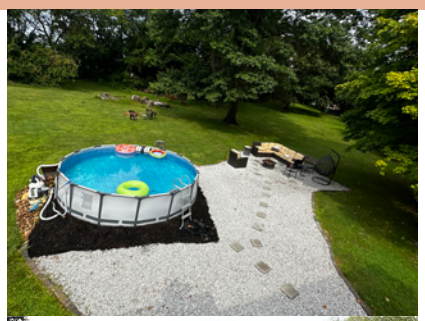
Mariah and Alex

About Us

Our story began when we were in college and set up by mutual friends (and a little help from social media). Our connection started with our shared Christian faith and love of ice cream. After six years of dating and falling deeper in love each day, Alex proposed in the park next to the restaurant where we had one of our first dates. We had a destination wedding on the beach with our closest family and friends in 2022 and it was the best day ever, celebrating with the people who had supported us through it all. Around that time we welcomed our dog, Rue, into our family. Whether we want to go on a long walk, play with our nieces and nephews, or have a cozy night at home, she fits right in. As a couple, we're happiest when we're outdoors, staying active, and exploring together. From challenging hikes like Mount Olympus, to relaxing days on beautiful beaches (including where we said "I do"), we love making memories through travel as a couple, or with friends and family. At the heart of it all, we are best friends who genuinely love doing life side by side, and we're grateful for every step of the journey.



Our Home

Our home is a cozy, welcoming duplex that we've truly made our own. We live on one side and rent out the other, and during our first year of marriage, we completely renovated the interior. With just shy of an acre of land, our home gives us plenty of room to relax, play games, and enjoy the outdoors. Just minutes from our home, we have easy access to everything we need; including our church, several parks, and other everyday essentials. We spend a lot of time on our patio by the pool, whether it's cooling off on warm days or hosting get-togethers. We have a fire pit that's perfect for all of our S'mores cravings, and a deck where Alex loves to grill while Mariah works on her garden. It's a space that brings us a lot of joy. Inside we love using our game room around the fireplace. Altogether, we've created a comfortable environment where people feel welcomed, make memories, and enjoy being together.

About Alex
by Mariah

Alex is my best friend and the most loyal, supportive, and caring person I know (I know, I am biased). He is an incredible, godly man, whose character shows in the way he loves and serves those around him. He has strong qualities as a leader, a teammate, a caregiver, and he carries himself with kindness, humility, and integrity. Alex loves to read, work out, grill, spend time outdoors, and enjoy sports. He is also an excellent runner, disciplined and determined in everything he sets his mind to. In our everyday life, he brings so much joy through his humor and his ability to make people laugh and feel comfortable. He is consistent and steady, and pours love into everyone he meets. My love for him started when I saw how he treated his family, as well as our nieces and nephews, and he has only grown in his intentionality from there. He takes wonderful care of our family and brings that same level of patience and responsibility into everything he does. I have no doubt that Alex will be an incredible father; steady, loving, fun, and fully present, and I feel so grateful to share life with him.

About Mariah
by Alex

From the moment I met Mariah, I knew that I had met my best friend and future wife. After over 10 years together and 4 years of marriage, she never fails to make me feel immeasurably loved and cared for. Her unwavering faith in Christ, sense of humor, and unmatched ability to make everyone around her feel seen and included are just a few traits that truly make her one-in-a-million. In her daily life, Mariah loves working out, spending time outside, and reading. She is also the hardest-working person I know, and accomplishes any task or project she sets her mind to. From my earliest memories of her taking care of her then-infant nephew, I knew that she would be an incredible mother. Mariah is nurturing, compassionate, fun-loving, and energetic. At family gatherings, our nieces and nephews always gravitate towards her, and they have made countless memories over the years. My love for Mariah has only grown over the years, and I am blessed beyond measure to spend the rest of my life with her and raise our family together.

More about Alex

Favorite sport(s): Hockey and baseball

Favorite food: Pizza

Occupation: Securities Principal

Favorite vacation: Our honeymoon trip to Europe

Favorite holiday: Thanksgiving

Favorite story/memory: Playing little league baseball

Favorite bible book: Philippians

More about Mariah

Favorite sport(s): Soccer

Favorite food: Tacos

Occupation: Account Manager

Favorite vacation: Greece

Favorite holiday: Christmas Eve

Favorite story/memory: Boating with my friends at the lake

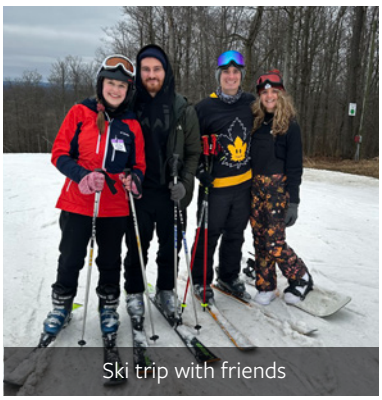
Favorite bible book: The Gospel of John

Our Family

We both come from large families; Alex is the oldest of four siblings and Mariah is the youngest of six! Between the two of us, we have two nieces and four nephews, with two more coming shortly. We both have strong relationships with our families and friends.

Alex's parents, siblings, and nephews

Exploring Utah with family


Ski trip with friends

Mariah's parents and brothers

A Sunday morning at church

Nieces and nephews

Family putt putt outing

Mariah's sisters and friends

Meeting our friend's baby

Golf event with family

Holiday celebration with family

Hiking with friends

Hockey game with our nephew

Alex's grandparents' anniversary at Disney

Mariah with our friend's baby

Our nephews' school play

Dear Birth Parent(s),

Thank you for taking the time to look through our profile and get a glimpse of who we are and what matters most to us. We understand the gravity of this decision and offer our heartfelt support as you navigate this process, honoring whatever decisions you make. Our Christian faith is at our foundation and guides how we love, support, and care for others each day. We value time with our families, friends, and our Australian Shepherd, Rue. We are open to welcoming any child into our home of any race or ethnicity, and are committed to honoring and celebrating their background. We are committed to raising them with a strong sense of identity, cultural heritage, and compassion for others. Above all, we promise to provide a life filled with love, faith, encouragement, and support. Thank you again for considering us and please feel free to reach out with any questions.

With gratitude,

Alex & Mariah

Why Adoption?

Adoption has been on our hearts since we were both young children, and over time, it became a calling we both felt deeply through prayer and reflection. For Mariah, I have had a desire to adopt since I was about 5 years old and met one of my best friends. Her parents had adopted her, and when I met her, I knew I wanted to "adopt someone's best friend." For Alex, I had grown up having two cousins that were adopted and I always loved spending time with them. We believe adoption is how God is calling us to grow our family, and we are excited and ready to welcome and love a child wholeheartedly.

We are open to an open or closed adoption, letters, updates and visits.

Building Blocks Adoption Service Inc.